



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina**

**Saint Denis, Bishop and Martyr, and His Companions, Martyrs**

**Lectionary: 654: 2 Cor 6:4-10/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Jn 8:12/Mt 5:13-16**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**First Reading**

*2 Cor 6:4-10*

Brothers and sisters:

In everything we commend ourselves as ministers of God, through much endurance, in afflictions, hardships, constraints, beatings, imprisonments, riots, labors, vigils, fasts; by purity, knowledge, patience, kindness, in a holy spirit, in unfeigned love, in truthful speech, in the power of God; with weapons of righteousness at the right and at the left; through glory and dishonor, insult and praise. We are treated as deceivers and yet are truthful; as unrecognized and yet acknowledged; as dying and behold we live; as chastised and yet not put to death; as sorrowful yet always rejoicing; as poor yet enriching many; as having nothing and yet possessing all things.



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**Responsorial Psalm**

*Ps 126:1bc-2ab, 2cd-3, 4-5, 6*

***R. Those who sow in tears shall reap rejoicing.***

When the LORD restored the captives of Zion, we thought we were dreaming. Then our mouths were filled with laughter; our tongues sang for joy.

***R. Those who sow in tears shall reap rejoicing.***

Then it was said among the nations, "The LORD had done great things for them." The LORD has done great things for us; Oh, how happy we were!

***R. Those who sow in tears shall reap rejoicing.***

Restore our captives, LORD, like the dry stream beds of the Negeb. Those who sow in tears will reap with cries of joy.

***R. Those who sow in tears shall reap rejoicing.***

Those who go forth weeping, carrying sacks of seed, Will return with cries of joy, carrying their bundled sheaves.

***R. Those who sow in tears shall reap rejoicing.***



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**Alleluia**

*Jn 8:12*

**R. Alleluia, alleluia.**

I am the light of the world, says the Lord: whoever follows me will have the light of life.

**R. Alleluia, alleluia.**

**Gospel**

*Mt 5:13-16*

Jesus said to his disciples:

"You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father."